

## Holy Mt. Kailash & Mansarovar Yatra

14 Days

\$ 2493

**H**oly Mount Kailash: The Lord's mountain appears majestic with the surrounding of many smaller cliffs resembling the attendant divines of the Lord.

Kailash Mansarovar is one of the most popular Hindu pilgrimage sites in Himalayan region dedicated to Lord Shiva. Mount Kailash, believed to have formed 30 million years ago when Himalayas were in their early stage of formation, is one of the most revered places in the Himalayas.

Mansarovar and Mt. Kailash are two of the holiest pilgrimage areas to devotees of Hinduism, Jainism, Buddhism, Bonism and many other faiths. Each year thousands of devotees undertake the treacherous and rigorous journey through the mountains and plains of Nepal and China (Tibet) to reach this sacred land.

Mt. Kailash, with a 6740 m high peak, is situated to the north of the Himalayan barrier, wholly within Tibet. It is the perfect mountain with incredible beauty, with four great faces. It is the spiritual centre for four great religions: Tibetan Buddhism, Hinduism, the Jain religion and the pre-Buddhist animistic religion – Bonpo. For the Hindus Mount Kailash is the earthly manifestation of Mt. Meru, their spiritual centre of the universe, described as a fantastic 'world pillar' 84,000 miles high, around which all else revolves, its roots in the lowest hell and its summit kissing the heavens. On the top live their most revered God, Shiva (Paramashiva, Kailashapati, MahaRudra), and his consort Parvati. For the Jains, an Indian religious group, Kailash is the site where their first prophet achieved enlightenment. For the older, more ancient religion of Bon, it is the site where its founder Shanrab is said to have descended from heaven.

# Detail Itinerary

## Day 1: Welcome to Nepal

Arrive Kathmandu, We will come to receive you at the Airport. Check into star Hotel. (1300mt) - rest day



## Day 2 : Half day Sightseeing

Pashupatinath Tample, BouddhaNath and Shyambhunath Stupa) and preparation for the trek, we pick up Tibet visa this day ( Monday, Wednesday, Friday). Overnight at hotel. B, D

## Day 3 : From Kathmandu to Dhulikhel

Free Morning for last minute packing and after lunch drive to Dhulikhel for overnight stay. B, L, D.



## Day 4 : From Kathmandu

**to Naylam** Depart at 6.00 am from our Hotel and drive through the Nepal - Tibet border along the famous Araniko Highway. Lunch at Kodari. After immigration and customs formalities on both sides ( Kodari and Zhangmu) we drive to the small town of Naylam. Please note that the guest-houses in Tibet will be of a very basic and dormitory style. (3700mt). B, L, D

## Day 5 : A day for rest to facilitate altitude acclimatization.

Can do some hiking around. All meals and overnight stay at the same lodge / camp. (3700mt). B, L, D

## Day 6 : Drive to Dongba (290 kms.)

We start after breakfast, enjoying the grand view of Mt.Shishapangma(8021m), Gauri shanker and other high mountains from Lalug la (5050mt.) Pass. Packed lunch will be served at sacred lake Pigutso O/ N camp / lodge in Dongba. B, L, D (4500mt)

## Day 7 : Drive to Lake Manasarovar

The auspicious day for all travelers having first glimpse of the Holy Manas and Darshan of Mt.Kailash from The Horr Chu pass .Camp for night on the shores of lake Manasarovar or stay at guest house. B, L, D (4660mt)



## Day 8 : The experience of being in the abode of God

A life-time achievement: Puja, Havana-worship, meditation, holy dip, Tarpan. A ritual Bath at Mansarovar is considered to attain Moksha and a drink of its water relinquishes the sins of lifetime. B, L, D.

## Day 9 : Drive to Darchen and Kailash Kora (Parikrama) start,

We Drive to Darchen and to Tharboche then Trek to Dairaphuk Gompa. Enjoy the close up view of north face of holy Mt. Kailash from the camp. B, L, D (4650mt)

## Day 10 : Trek to beautiful valley after crossing the Dolma la Pass (5600 mtrs).

Camp near Medecine Buddha mountain - Zuthulphuk B, L, D.While

proceeding downwards from Dolma Pass, a steep descent to Gouri Kund at 5608 m, also called the Lake of compassion as referred to in the shiva Purana this is the setting for the legend of Parvati and how Ganesh acquired his elephant head bathing in the emerald waters of the kund. (4900mt)



## Day 11 : Trek to Darchen , Kailash Kora ends today.

We can visit Zuthulphuk Gompa, and drive to Horr Chu, Stay over night camping, collect holy water of Lake Mansarovar to bring back to home. B, L, D (4690mt)

## Day 12 : Drive to Naylam.

On the way we will see the beautiful Pigutso lake, enjoy good view of Himalayan range including Shisapangama. Overnight stay in Guest house B, L, D - Road conditions have improved .

## Day 13 : Drive to Kathmandu,

Stay in Kathmandu, can join cultural show and dinner. B, D



## Day 14 : Final Departure.

Departure or free day. Namaste! B

## Cost Includes

- All the airport pick up and drop off service in Kathmandu
- All 5 star hotel accommodation in Kathmandu
- Kathmandu valley sightseeing with guide and entrance permits
- Tibet Visa and permit
- Hotel in Tibet on twin sharing and tented camp or simple hotels
- Tents, sleeping mats and camping gear
- Kitchen, toilet, dinning and bathing tent
- Full board vegetarian meals prepared by experts chef as described on itinerary
- All entrance fees in Tibet with sightseeing
- All staff with insurance (cook, kitchen boy, helping sherpa and one Nepali and one Tibetan guide)

## Cost Excludes

- Bar bills and other personal expenses.
- Nepal Entry visa
- Emergency rescue charges if necessary.
- Tips and gratitude to staff
- Photography charges where ever applicable in Tibet
- Any other Expenses which are not mentioned to your left.  
Riding yaks and porter during the Kailash kora ( Parikrama)



## Our Associate Partners



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